



# School SBIRT Training

## (Screening, Brief Intervention, and Referral to Treatment)

*A Training Opportunity for Middle and High School Student Services Staff*

**Time:** Registration: 8:00am-8:30am;  
Workshop: 8:30am-3:30pm

### Dates/Locations:

#### ■ November 12, 2018 & January 17, 2019

CESA #10, 725 West Park Avenue  
Chippewa Falls, WI 54729

**Contact:** Carol Zabel, CESA #10  
(715) 720-2145; [czabel@cesa10.org](mailto:czabel@cesa10.org)

#### ■ November 15 & December 13, 2018

CESA #9, 304 Kaphaem Road  
Tomahawk, WI 54487

**Contact:** Lynn Verage, CESA #9  
(715) 453-2141; [lverage@cesa9.org](mailto:lverage@cesa9.org)

#### ■ November 15, 2018 & January 8, 2019

LAUNCH Elmbrook  
(Hosted by Elmbrook School District)  
19601 W. Bluemound Road, Suite 230  
Brookfield, WI 53045

**Contact:** Christine Kleiman, CESA #7  
(920) 617-5645; [ckleiman@cesa7.org](mailto:ckleiman@cesa7.org)

#### ■ November 20, 2018 & January 9, 2019

Holiday Inn, 4601 Calumet Avenue  
Manitowoc, WI 54220

**Contact:** Christine Kleiman, CESA #7  
(920) 617-5645; [ckleiman@cesa7.org](mailto:ckleiman@cesa7.org)

**Workshop Questions:** Tracy Herlitzke  
(608) 786-4838; [therlitzke@cesa4.org](mailto:therlitzke@cesa4.org)

**Registration Questions:** Mary Devine  
(608) 786-4800; [mdevine@cesa4.org](mailto:mdevine@cesa4.org)



### What is SBIRT?

SBIRT offers an efficient, evidence-based, and comprehensive service to address selected behavioral health concerns among adolescents. The service begins with administering a standardized Screening instrument. For students who show moderate or high risk results, a Brief Intervention (BI) is conducted. The BI is delivered with motivational interviewing and is protocol-guided. For those students who show high risk concerns and who do not respond to the BI, a Referral to Treatment may be initiated.

### Why SBIRT in Schools?

- Evidence-based for addressing student alcohol/drug involvement and evidence-informed for addressing a range of other behavioral concerns, including attendance, classroom behavior, and mental health
- Student-centered and strength-based
- Teens rate the service with high levels of satisfaction
- Provides a Tier II and Tier III practice with PBIS
- Response-to-Intervention can be ascertained by using baseline and follow-up screening results

### Training Description:

- **A requirement of registration is to complete a Pre-training Reading Assignment** available at: [www.wishschools.org/resources/schoolsbirt.cfm](http://www.wishschools.org/resources/schoolsbirt.cfm)
- **Initial Training** (Day 1) — Overview of SBIRT, introduction to the requisite skills (Motivational Interviewing), and practice on delivering protocol-guided Brief Intervention services. Audiotape delivery of Brief Intervention.
- **Adopt SBIRT Into Practice and Continue Implementation Planning** — Staff deliver SBIRT services and track initial implementation. Staff meet with student services leadership to develop Implementation Plan.
- **Follow-up Training** (Day 2) — Staff receive individualized feedback from fidelity review of audiotape. Continue skill building, practice delivering SBIRT, and refining Implementation Plan. Audiotape delivery of Brief Intervention
- **Implementation Coaching and Technical Assistance** — Staff can participate in monthly implementation coaching calls.

*This training is open to School SBIRT Implementation Cohort Schools and any other schools ready to implement SBIRT.*

### REGISTER ONLINE:

#### ■ CESA #10 (Chippewa Falls):

<https://login.myquickreg.com/register/event/event.cfm?from cms=1&eventid=22253>

#### ■ CESA #9 (Tomahawk):

<https://login.myquickreg.com/register/event/event.cfm?from cms=1&eventid=22255>

#### ■ LAUNCH Elmbrook (Brookfield):

<https://login.myquickreg.com/register/event/event.cfm?from cms=1&eventid=22256>

#### ■ Manitowoc Holiday Inn:

<https://login.myquickreg.com/register/event/event.cfm?from cms=1&eventid=22257>

**Cost:** \$100/per person (Lunch and snacks provided); payable to CESA #4  
No cost for Cohort Schools

**Send Payment to:** CESA #4 ATTN: Mary Devine, 923 East Garland Street, West Salem, WI 54669—PLEASE include and clearly define: Participant name, exact name of workshop, and date, with all checks or purchase orders. Thank you!

